

Come Visit

Careville's Senior Center!



The Careville Senior Center features resources for aging adults, with sections devoted to learning, grandparenting, and activities for aging adults, and resources on education, finance, fitness, nutrition, and safe driving.

Visit today and read about:

- Seniors and Technology
- Helping Your Older Loved Ones—and Yourself—Stay Sharp
- The Older Driver: Staying Safe on the Road
- Being a Grandparent: A Special Role
- Activities to Share with Your Grandchildren
- And much more

To get to the ACFC Senior Center, visit

www.ACFCcares.com, and select the link to Careville on the home page.



877-ACFC-HELPS | 877-223-2435
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